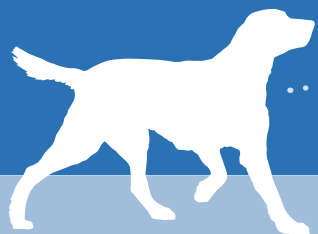




Is your dog at risk for OA?

Before symptoms appear, some dogs are at risk for developing OA due to their breed, weight, injury, signs of dysplasia or other causes.

By keeping a watchful eye on your dog at home, you can help reduce the OA risks where possible. With you and your vet monitoring your pet, changes can be spotted earlier and treatments begun as soon as possible.



Why treat OA pain early?

No matter how minor the changes may seem, they are too important to ignore. Even the earliest changes could indicate that your dog is struggling with OA pain. That pain can get worse if left untreated.

Ask your vet to help you understand the risk factors for OA.

**NOTE: This checklist is not a medical diagnostic tool and is not intended to replace discussions with an animal healthcare professional. The list may help with the recognition of OA pain, but the changes can also be due to other causes. If you have checked any of the boxes, speak to your veterinarian.

Does your dog have signs of OA pain?

The early signs of canine OA are often subtle and easy to miss. The information below can help you observe and watch for even small changes from your dog's normal behaviour and mood, as these could be indicators of OA pain.**

Early-stage OA

GOING UP/DOWN STAIRS

- Sometimes hesitates
- Some slight awkwardness

JUMPING

- Less spring/height to the leap
- Less sure-footed on landing

LYING DOWN

- Slightly more cautious approach
- Motion is not as smooth as usual

GETTING UP

- A little slower than usual
- Looks a little more awkward

WALKING

- Enthusiastic, but with occasional rests
- Sometimes lags behind a little

RUNNING

- Enthusiastic, but for shorter amount of time
- Some abnormal or adaptive movements, e.g., bunny hopping

Middle-stage OA

GOING UP/DOWN STAIRS

- Looks worried, frustrated
- Climbs or descends carefully

JUMPING

- Frequently hesitates, looks worried
- Slips on one or more legs when landing

LYING DOWN

- Movement is not smooth. Looks difficult
- May circle awhile before lowering

GETTING UP

- May rock back and forth to begin movement
- Slow to rise, motion is not smooth

WALKING

- Sits and rests during walk, limping
- Lags behind a lot

RUNNING

- Quickly loses interest in running
- Shorter bursts of energy

Late-stage OA

GOING UP/DOWN STAIRS

- Appears tense and/or frightened
- Climbs or descends reluctantly, or refuses

JUMPING

- Jumps only reluctantly, or refuses
- Heavy landing, with a thud or jolt

LYING DOWN

- Tense and reluctant, paces or circles
- Aborted attempts

GETTING UP

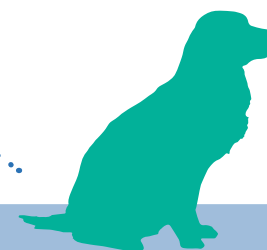
- Looks conflicted, worried
- Strains, throws body forward to start movement

WALKING

- No interest in walking, reluctant or refuses
- Very stiff, limping is obvious

RUNNING

- Little interest in running
- Uneven motion, may stop abruptly



Fill this form online by scanning this QR code.

By the time a dog is in the later stages of OA, the pain can be harder to manage,

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You're the Detective

1 Watch for early signs of OA
Learn to spot the signs and symptoms of OA.

2 Capture your dog's movements
Pay attention to your dog's activities and behavior.

3 Connect with your vet
By letting your vet know about changes you've seen, you can connect the dots and become a valuable partner in helping your pet find relief from pain.

The earlier you spot the signs of OA pain, the sooner your veterinarian can help.



Scan this QR code to learn about 6 sneaky signs your dog could be in pain.



1. Lascelles BDX (2016) Joint Pain in Pet Dogs and Cats. International Association for the Study of Pain Fact sheet No9

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Is Your Dog Suffering from OA?

CONNECT



THE DOTS

OF CANINE STEOARTHRITIS

What is OA?

Canine osteoarthritis (OA) causes joint deterioration and pain, and affects approximately 25% of dogs. It's a progressive illness that worsens over time, and though OA cannot be cured, it can be managed.

OA affects one in four dogs.¹



Early detection is crucial for getting dogs the help they need to live a comfortable life.



Learn how you can help your vet help your pet.